



Borth Integrated Care Project

In this issue

- Borth Integrated Care Project
- Technology Enabled Care
- Digital Patient Communications
- Text Service App
- Bevan Commission
- Events

The RIC Hub was pleased to coordinate an event on the 15th June to showcase the Borth Integrated Care Project. This project received funding and support under the Bevan Commission's Planned Care Innovation Programme.

The virtual showcase event presented the findings of the 12-month project which brought together Multi Agency Teams on a weekly basis with the aim of reducing admissions to hospital and also preventing delays to discharge.

Project aims and objectives

- Review data to assess strengths and needs across locality
- To improve the health and wellbeing of the community by providing anticipatory care to the population.
- To establish a multi-agency team (MAT) who regularly meet and review people with increasing health and care needs and help facilitate patients discharge from hospital.
- To establish an effective referral process including self-referral for patients to third sector, health, care and wellbeing organisations.
- To embed general practice in working with the multi-agency team through the recruitment of a Clinical Care Coordinator based in general practice
- To allow any member of the MAT to bring a patient for discussion
- To increase the use of technology in facilitating the MAT working and supporting patients in their own home.

[Watch this short film to find out more](#)

Would you like information on how you can adopt and spread this work?

Please contact us at wwric.hub.HDD@Wales.nhs.uk

Technology Enabled Care for Adult Services

Digital self-management support system

For people who process and think differently

Supporting Care Planning

Supporting independent living for longer



Digital self-management support system

What is a digital self-management support system?

The digital self-management support system is for people who need help remembering things, making decisions, planning, or managing anxiety. It's not condition-specific, but is often used by people who are autistic or managing anxiety-related mental health challenges. Combining practical human support, with a qualified specialist helping people to identify their goals, recognise strengths, and develop solutions to overcome problems alongside the digital self-management technology, helping people live more independently.

How will this help the community?

The RIC Hub is working with Local Authorities to identify funding opportunities to implement this digital self-management support system as a solution for those who would benefit from this support.

Supporting better care planning

The RIC Hub is working with Carmarthenshire County Council to implement digital solutions to support better care planning via a remote activity sensors application to monitor a service user's activity within the home.





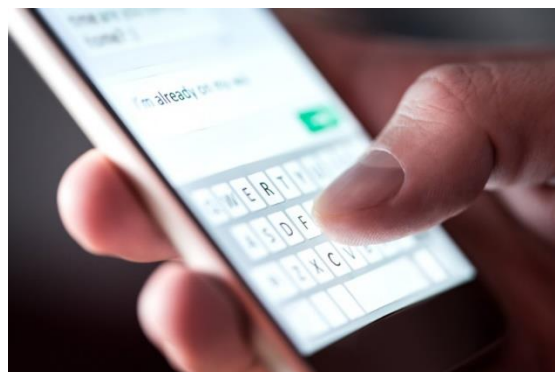
Digital Patient Communications Pilot

Following a call to Industry by the Small Business Research Initiative – Centre of Excellence (SBRI CoE) the RIC Hub has been invited to work on a collaborative pilot with SBRI and Betsi Cadwaladr University Health Board. A scoping exercise of a pilot project is being undertaken within Hywel Dda University Health Board which will consider if digital technology could support relatives with receiving updates on patients in hospital without having to telephone the ward.



Text Service App to support those in distress

The RIC Hub has been facilitating a demonstration of this product which is being targeted to two sectors in the region with the view to them considering uptake to support adolescents and adults with mental health issues. The service is solely a text conversation with clinical observation, however direct links to blue light services can be called upon for extreme cases where immediate support is needed.



Comisiwn Bevan Commission

What is the Bevan Exemplar Programme?

The Bevan Commission's Exemplar Programme supports health and care professionals to take their prudent healthcare ideas and translate them into practice. The 12-month programme provides training and mentorship to inform thinking and develop skills so Exemplars can transform health and care services from within, having positive impacts on patient care, lived experiences, health outcomes and on service efficiency.

The RIC Hub continues to provide local support to the ten projects currently underway as part of Cohort 8 of the Bevan Exemplar Programme from the region.

What is the Bevan Commission's Let's Not Waste Programme?

The Let's Not Waste programme will focus upon three main aspects to help secure the necessary changes including:

Reduce – products and services that are not essential

Reuse – tools, equipment, and other resources

Recycle – wherever possible to reduce waste and minimise the carbon footprint

Everyone can play a part in helping to reduce waste. The Bevan Commission has established the Let's Not Waste network to provide a focus and concerted effort to achieving demonstratable reduction in waste in health and care.

The Let's Not Waste network will be a national platform to share ideas, good practice and collaborate on developing waste reduction solutions. This opportunity is open to all those actively tackling waste in health and care, as well as those who would like to learn more about this timely and often misunderstood issue. [Sign the Let's Not Waste Pledge.](#)

Following the launch, the RIC Hub has taken part in various Workshops on the Commission's Let's Not Waste initiative and are now involved in relevant working groups to take this programme forward.